



# SINDY NURSE

[www.sindynurse.com](http://www.sindynurse.com)

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Height: 5'7"

Weight: 150lbs.

## TV/NEW MEDIA

Criminals at Work	Supporting Lead	BET	Sirens Media
Commuter Chronicles	Recurring Co-Star	Brainstream Media	Dir: Anthony "TJ" Paye
Archives of the Heart	Co-Star	A Latrice Productions	Dir: Bryan Lyles
For My Man	Co-Star	TV One	Sirens Media

## FILM

Rogue (short)	Lead	Maurice Productions DMV	Dir: Corey Parrish
Mazel Tov (short)	Lead	George Mason University	Dir: Brandon Langford
Waiting Room (short)	Supporting	Amethyst Filmworks	Dir: Shanice Williamson
Jab in the Dark (short)	Supporting	MacFarlane Film Company	Dir: Rob Macfarlane
DROP	Supporting	EOC Filmworks	Dir: Chaka Balamani
Pan! Our Music Odyssey	Featured	Maturity Productions	Dir: Jerome Guiot
Bolden!	Featured	King Bolden	Dir: Dan Pritzker

## THEATRE

A Midsummer Night's Dream Multiple		Trinidad Theatre Workshop	Dir: Timmia Hearn Feldman
Fool for Love	Lead -Mae	Trinidad Theatre Workshop	Dir: Timmia Hearn Feldman
Strictly Matrimony	Lead -Bella	DCFA/Festival of Plays	Dir: Letitia Mike
The Prophecy	Lead -originated role	One Act Play Festival	Dir: Dwane Starlin
Deception of Life	Supporting -originated role	DC Black Theatre Festival	Dir: Michael McCorkle

## TRAINING

Acting	Dat Ngo	Shakespeare Theatre Company, DC
On-camera	Michael Laibson, Bob Goodman	New York Film Academy
Meisner	Joe Osheroff	New York Film Academy
Scene Study	Bela Grushka	New York Film Academy
Speech (Accent)	Lester Shane	New York Film Academy
Voice (Fitzmaurice Technique)	Andrea Caban	Champion Studios, NYC
Improvisation	Katie Northlich	New York Film Academy
Combat	Mike Yahn (SAFD)	New York Film Academy
Weapons	Jiro Preston	Baltimore, Maryland
Shakespeare	David Vando, Timmia Hearn Feldman	NYFA & Trinidad Theatre Workshop
Dance	Jeanne LaSala	New York Film Academy
Movement	Jillia Cato	Trinidad Theatre Workshop
Acting Workshop	Wendy McKenzie, Hisham Tawfiq	Ripley Grier Studios, NYC

## SPECIAL SKILLS

**DIALECTS/ACCENTS:** Trinidadian (standard & dialect)

**MOVEMENT:** Laban basics, Contact Improv, Runway Modeling, Yoga, Basic Gymnastics

**COMBAT:** Hand to Hand (film & stage), handgun

**MILITARY RELATED:** Army JROTC - Cadence Calls, Basic Drill, Unarmed Exhibition Drill

**LAW ENFORCEMENT RELATED:** Police dispatching, knowledge of phonetic alphabet, signal codes and 10 codes.